



# ST.LUKE'S SPORTS CENTER SUMMER CAMP

Time	Events
8:00AM - 9:00AM	Drop off   Free Play
9:00AM - 9:30AM	Warm Up Activity - Running/Stretching
9:30AM - 10:30AM	Sport Instruction with Stations
10:30AM - 11:30AM	Variety of Games
11:30AM - 12:00PM	Guest Speaker
12:00PM - 1:00PM	Lunch Break
1:00PM - 2:00PM	Coach Lead Competitions
2:00PM - 3:00PM	Special Activity/Inflatables
3:00PM - 4:00PM	Pick Up   Free Play
<b>** Each day/week will include a new curriculum **</b>	