



ST.LUKE'S SPORTS CENTER SUMMER CAMP

Time	Events
8:00AM - 9:00AM	Drop off Free Play
9:00AM - 9:30AM	Warm Up Activity - Running/Stretching
9:30AM - 10:30AM	Sport Instruction with Stations
10:30AM - 11:30AM	Sport Games
11:30AM - 12:00PM	Special Activity
12:30PM - 1:30PM	Lunch Break
1:30PM - 2:30PM	Sport Instruction with Stations
2:30PM - 3:00PM	Sport Games
3:00PM - 3:30PM	Snack
3:30PM - 4:00PM	Guest Speaker
4:00PM - 5:00PM	Competitions + Giveaways
5:00PM - 6:00PM	Pick Up Free Play